



IOM International Organization for Migration

KENYA

URBAN MIGRANT HEALTH PROGRAMME

OUR AIM IS TO PROVIDE COMPREHENSIVE TB, HIV, SEXUAL AND REPRODUCTIVE HEALTH, MATERNAL AND CHILD HEALTH AND PRIMARY HEALTH CARE TO URBAN MIGRANTS AND THE HOST COMMUNITY

As an intergovernmental organization, the International Organization for Migration (IOM) is uniquely positioned to assist the Government of Kenya to undertake activities that promote migration health, as per the 2008 61st World Health Assembly Resolution on the Health of Migrants (WHA Resolution 61.17).

In partnership with the Ministry of Health, through the Kamukunji District Health Management Team (DHMT), IOM and Matibabu Foundation

Kenya (MFK) offer health-care services to urban migrants through the Eastleigh Community Wellness Centre.

Uniquely Positioned

The clinic located in east Nairobi, provides free and non-discriminatory health services to migrants and the host community. The facility serves both Kenyans and migrants, offers friendly services and a space for capacity strengthening and community dialogue around health and related social issues.

IOM and partners are able to overcome language and cultural barriers through strategic partnerships, translators, community health workers (CHW) and sensitized staff. As a result, migrants are able to access migrant sensitive and friendly

health services. In addition, health-care workers are sensitized on migrant health needs.

Comprehensive Health Care Programme

IOM currently provides a comprehensive programme that covers:

- HIV testing and counselling (HTC);
- TB screening and treatment;
- Sexual and reproductive health;
- Maternal and child health services;
- Community mobilization and health promotion campaigns and outreach programmes.

IOM IN ACTION

- IOM and partners conducted a **“Study on Health Vulnerabilities of Urban Migrants in the Greater Nairobi.”** The study revealed there is demonstrated willingness shown by government representatives and health-care workers to act upon growing concerns related to migrants and their health.
- **In line with the Ministry of Health’s Community Health Strategy, IOM in partnership with Matibabu Foundation recruited and trained 15 community health workers,** whose primary role is to link the community with the wellness center.
- **IOM supported the special immunization campaigns against polio targeting children under 5 years** following a polio outbreak in the country. The vaccine coverage for Eastleigh North Division increased from 89 per cent in the first round to a 107 per cent in the subsequent rounds.

Child Welfare Clinic (CWC)

Eastleigh Wellness Centre offers immunization for vaccine preventable childhood illnesses, milestone check, vitamin A supplementation and nutrition support. In 2013 a total of 1,039 children were treated; 65.8 per cent were migrants.

Antenatal Care (ANC)

This involves pregnancy monitoring, vaccination and nutrition counselling using the Ministry of Health protocol for focused antenatal care (FAC) approach.

ANC includes prevention of other to child transmission (PMTCT). PMTCT services involve HIV screening for pregnant women, prophylaxis or antiretroviral therapy for people who test HIV positive.

Reproductive Health and Family Planning

The clinic also offers reproductive health and

family planning services such as birth control pills, condoms, implants, intrauterine devices (IUD) and injectables.

Family planning service uptake is still low within the community, and this is mainly attributed to cultural beliefs, customs and religious values.

Community Outreach Programmes

Community-based health services are designed to complement available health facility services and improve access to health information and service demand by the migrant communities and by extension the host communities.

Current community outreaches include TB outreach, HTC, cervical cancer screening, family planning, immunization, polio campaign, hand washing, breastfeeding and HIV/AIDS prevention campaigns.



IOM provides vital vaccinations every Wednesday at the Eastleigh Community Wellness Centre, in collaboration with the Kamukunji District Health Management Team (DHMT). In 2013, IOM facilitated growth monitoring, deworming and [vaccination for 1,039 children under five](#) for measles, polio, tuberculosis, pneumococcal infections among others. IOM also joined the DHMT in facilitating the Malezi Bora immunization, a UNICEF-supported “good nurturing” programme reaching out to marginalized children under the age of five.

“I’m very grateful to IOM and Matibabu for allowing me to help the community. I would request for more training on migrant sensitive health, as the knowledge will help us to be better equipped in tackling the migrant community health challenges. We need to remember that a healthy community is a prosperous community, and a prosperous nation.”

Eric Omondi, Community Health Worker

WE ASSIST:

- Urban migrants
- Host communities



HEALTHY MIGRANTS IN HEALTHY COMMUNITIES

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WITH THANKS TO OUR PARTNERS:

